

# Journal Jar's

A journal jar is a canning jar filled with strips of questions to help inspire ideas on what to write about in your journals, life history and scrapbooking ideas. When you give these as a gift include a notebook and pen.

## Journal Jar Poems

(to attach to jars)

### *Recipe for My Life History*

*Combine a generous slice of your life history, a dash of nostalgia, several cups of facts and feelings and 104 deliciously interesting questions. Draw one slip of paper. Take a few minutes to enjoy the memories. Paste or write the question at the top of a blank page. Fill in your answer. Don't worry about your handwriting or spelling - just tell your story. This product was prepared to preserve your life as a message. Enjoy the scrumptious, home-made memories that celebrate something very important - YOU!*

Preserve your memories,  
Seal them up well.  
What you forget,  
You can never retell.  
But a journal that's kept fresh on the shelf,  
Will help someone through rough times  
Maybe even yourself.

#2

On the top it said "The story only you can tell"  
attached by a ribbon that says  
**YOUR LIFE STORY**  
Writing it all at once is a lot to ask...  
But bit by bit you can complete the task!

An example of directions:

This little jar celebrates something very important - YOU!  
All you need to do is take out one slip of paper each week.  
Glue the question at the top of a blank page in your journal and begin to tell all about it. Just tell your story about YOU!

## Ingredients

Life was not meant to be bottled up forever. This jar is jam-packed with 160 delicious and interesting questions to inspire you to celebrate something very important...YOU!

## Recipe

Combine a generous slice of your life history with a dash of nostalgia and several cups of facts and feelings. Fold in several sheets of photographs.

If you will follow this simple recipe, you will find that by this time next year, you will have one very delicious, personal history finished. All you need to do is draw out one slip of paper daily or weekly...On it you will find a question. Spend a few minutes or just enjoy remembering. Then mount the question at the top of a blank page and begin to write and mount photos or other memorabilia and answer the question. Don't worry about the spelling, handwriting, etc. Just tell YOUR story! This product was prepared to preserve your life as a message. Enjoy the scrumptious, homemade memories.

What lessons did you take as a child? Did any carry over into adulthood?

Describe your first job.

What is the most wonderful thing that ever happened to you?

What was the worst thing that ever happened to you?

Did you have a close relationship with any of your grandparents? Tell about it.

What were your father's best traits? His worst? What traits do you share?

Describe your Sundays as a child.

Tell about your favorite Aunt or Uncle

What is your advice for good health?

How many brothers and sisters do you have? Tell about each of them.

Tell about a practical joke that was played on you or that you played on someone else.

What did you do when you were a child that got you in the most trouble and how did your parents handle it?

What are some of the superstitions that you remember growing up with?

Describe your parent's courtship and wedding as best you can.

What is the most important lesson, message, or advice that you have learned that you might pass on to others?

What convinced you most in your choice of a spouse?

Tell something about each of your children, their personalities, their talents, and the traits that make them each special and unique.

Write a want ad that describes your spouse.

Tell about a frustrating experience you have had with a car.

Did it snow where you lived as a child? What kinds of things did you do when it snowed?

Describe a typical day during your high school years.

What are your favorite colors, flowers, food, activities and hobbies?

Tell about a special date you had with a girl/boyfriend.

What things do you enjoy today that you enjoyed doing as a child?

Describe them then and now.

How did you like being the oldest, youngest or middle child? What were the advantages and disadvantages?

Do you have a favorite author - who? why?

Describe a trip downtown as a youngster.

Tell about your favorite books as a child, youth, adult.

What kinds of chores were you responsible for while you were growing up? Tell about them.

What board games or card games did you play while growing up? Who did you play with?

Did you ever go bowling? Tell about it.

What were swimming suits like when you were young?

Tell about an experience with one of your children's teachers.

Were you ever lost as a child? Tell about it.

Did you ever break a bone or have stitches? Tell about it.

What were you afraid of as a child? Why? Did this fear follow you into adulthood?

Tell about a time in your life when you were surprised. Tell about a time that you surprised someone.

Tell about sibling rivalry within your family.

Describe your room as a child. Did you have your own room or have to share it with a sibling? Tell some experiences.

Do you remember your family getting a new piece of furniture, a new car or something similar when you were a child?

Tell about what you did while visiting your grandparents or aunt and uncle.

Did you ever roller skate, ice skate, ski, or something similar?

Did you share any special interest with your mother or father?

Did you walk to school or ride a bus?

Where did you live while growing up? (city, state, country)

What was one of your favorite treats as a child?

Did your grandmother make any special desserts or food that you enjoyed?

Tell about a time that you helped someone in time of need.

Tell about a time that someone helped you in time of need.

Tell about your first car.

Have you ever picked up a hitchhiker? Or been one?

Tell about your first serious boy/girlfriend.

What form of transportation did you have while growing up?

Tell about a party that you hosted at your house or your parent's house.

Tell about a disastrous experience.

Did you ever save money for a big purchase?

Did you go to college or have vocational training - where or when?

What do you think about movies - what is your favorite movie and why?

Who was your best friend while you were growing up? Do you still associate with them?

What did your parents do for work while you were growing up?

What is your favorite book?

Tell about an experience you had with your friends while growing up.  
Tell about the most trying experience you have ever had.  
Tell about going to a high school dance.  
Describe the places where you hung out with your friends as a teenager.  
Tell about a person in school who was mean or snobby.  
Tell about a double date.  
What games did you play in your neighborhood?  
Tell about some of your family traditions - Christmas, birthdays, Graduation, 4th of July, Halloween, Thanksgiving, hunting, funerals, weddings, Mothers and Fathers Day.  
Do you remember any outstanding family trips or vacations?  
Tell about where you were and what you remember at the time of a historic event in your lifetime.  
Did you have a bicycle? What was it like?  
Describe a childhood birthday.  
Describe a childhood Christmas.  
Describe a typical school day as a child in elementary school.  
What education did you receive other than at school?  
What was your favorite place to go with your family when you were young?  
Tell about retirement. When, where and what will you do (or are you doing) with your time?  
Write one sentence that tells "how to live successfully".  
Would you choose differently if you could choose occupations again? Why? Any advice?  
What was your most embarrassing moment?  
Describe the most serious illness or accident you have had.  
Describe your first home as a young couple.  
Describe your wedding day.  
Did you have a job as a child? (paper route, lawn mowing, babysitting, etc.)  
What were some of your favorite playground activities?  
What fragrance would you say takes you back in time and what does it remind you of?  
Where did you go to meet new people when you were in your youth?  
Tell about your temperament as a child - has it changed?  
Did you ever set anything on fire or know someone who did?  
Did you ever get a spanking? Grounded? Tell about what you did and the punishment.  
Tell about a star gazing experience.  
Have you ever spent any time out of the USA?  
Describe how the ways of doing household chores was different when you were growing up than it is today.  
Did you ever have a favorite scary story while you were growing up? What was it about?  
Did you ever have a graveyard or a haunted house experience?  
Did you ever keep a secret about someone? Are you still keeping it today? Tell about it if you can!  
Tell about going to the County Fair or the amusement park when you were a child.  
Describe getting a Christmas tree with your family as a child. Tell when and how it was decorated.  
Tell about "hand-me-downs" you received or gave.  
Tell about the "Tooth Fairy" and other personages you remember.

Tell about learning a skill from either of your parents, cooking, sewing, cleaning, fixing things, etc.

Describe what you think it is like to live with you.

Describe one of your favorite outfits of all time...a dress, shoes, shirt, hat.

How did you feel about school?

Were you or do you remember anyone in your school class being punished by a teacher?

List and tell about at least three good qualities about yourself.

What do you feel has been the most significant event that has taken place in your lifetime and how has it affected you?

Tell something you remember about your relationship with your grandfather.

Tell something you remember about your relationship with your grandmother.

Tell about the homes you lived in as a child. Do you remember any of the addresses or telephone numbers? Who lived next door?

Tell about your involvement with a civic or political group.

Did you grow up with music in your family?

Tell about a bully in your neighborhood or at school.

Name the most romantic song you can remember and tell why.

Make a list of the things in your junk drawer and tell why you are keeping them.

Tell about some of the most exciting experiences with scouting.

List a few of the simple things in life that make you smile and tell why.

Name the personality trait you most admire and tell why. Do you know many people with this trait?

Do you remember your favorite childhood fantasy?

Did your mother or grandmother sew, quilt, knit or crochet? Tell about things made.

Describe a typical day in your life from what time you get up in the morning to bedtime.

Tell about being a grandparent. Name your grandchildren.

How did you feel when you first became a grandparent?

Tell about how, when and where you learned to drive a car. Any accidents or tickets?

Tell about a special anniversary.

Did you have a childhood hideout? Where? Describe it. What kinds of things did you do there?

Tell about religion practiced in your home.

Tell of a time that you felt God was there to help you in your struggles.

Tell about the experience or person you feel was the most influence in your life.

Was there a special teacher in your life? (Not necessarily in a school environment).

Tell about the changes in society in general you have seen in your lifetime.

Tell about the changes in morality you have seen during your lifetime.

Tell about fashion trends you have seen in your life, what you wore as a child, teen, and adult.

Tell about a food that you hated as a child...do you like it now?

If you could be an animal what would you be and why?

Write about a "one on one" experience you had with your father.

Write about a "one on one" experience you had with your mother.

Tell a story your mother told you from her past.

Were you ever in a drama or speech class, on a sports team, or in a club?

What is one of the most exciting places you have ever visited? What made it so exciting?

Tell about a camping or fishing experience.

Describe a favorite vacation of your married years.

Tell about home cures or old wives tales, hiccups, toothaches, earaches, arthritis.

Where were you and what were you doing the day the wall came down in Germany or the coup in USSR or Dec. 7th - World War II started or ended - pres. Kennedy

Describe your wedding dress, bridesmaid dresses, suit etc, if male.

Write a description of your husband or wife.

Describe your mother's wedding dress - what do you know about her wedding?

What is your greatest joy, your greatest sorrow?

What is your favorite book and what do books mean to you.

Describe your yard as a child - did you help with the yard work? What are your memories - Draw a diagram if you can.

Tell about Family Reunions.

Tell about your teen-age social life - your friends, dances, dating, outings, church functions etc. -

What would you like to be remembered for?

How did your father spend his time supporting his family?

Tell about your life as the children left home - new interests, what did you do with the extra time - new employment, moves, hobbies, etc.

Tell about handed-down talents, foods, clothespin dolls, willow whistles, pottery, quilting, whittling, meat drying etc.

What were the favorite places to go with your family when you were young?

Tell about any ancestors that you know about - name dates, etc. for historical purposes and any stories about them.

Tell about anniversaries, celebrations, trips, and gifts.

What were your fears, expectations, and anticipations about getting married?

What is your mother's best trait? Worst? = the traits you share.

How do you feel about winning? Losing?

Tell about your courtship.

Describe a favorite childhood friend and something you did with her or him.

Have you met or worked with famous people? Who - Where- etc.

How did you become engaged?

What is your child-rearing philosophy?

What can frighten you the most and why?

Describe your conversion to the gospel.

Do you wish you had more sisters or brothers, and why?

Where did your Grandparents live? What was their home like? Did it have a certain smell or look?

Write your testimony of life - marriage - the gospel.

Tell about each of your children's names, birth date, where, doctors, circumstances surrounding the birth - raising them in the home- problems, joys etc.

What is your advice to those younger than you?

What is your favorite scripture and why?

Tell about your first crush.

What church callings have you had and which did you enjoy the most?

Do you remember any of your four grandparents? Any greats? What were their names? Any memories that you have.

Tell about your mother: personality, characteristics, stature, coloring, talents, temperament, family stories about her, her role in your home, etc.

Do you have a favorite General Authority? Who and why?  
What do you fantasize about doing or being?  
What is your personal secret of happiness?  
Describe a perfect spring day and activities on that day?  
Thinking back was there a teacher who had a great influence on you?  
How did you become engaged?  
Did you have a favorite TV, radio, program as a child? Tell about it.  
Tell about a favorite trip or vacation.  
Write about some places you went with your father.  
Write about some places that you went with your mother.  
Describe a typical day during your Jr. High years.  
What kind of extra-curricular activities did you participate in at school?  
What do you think brings good or bad luck?  
Tell about all the places you have worked.  
What are your food preferences and how did they come about?  
How did your mother spend her time?  
Where you responsible for household chores? What were they? Which did you enjoy most/ least?  
What are your most deeply and imbedded values?

Source: <http://www.geocities.com/Heartland/Farm/9753/poemfiles/jrnljar.htm>

### **Suggestions to Consider in Writing Your Personal History**

Your ancestors: Your impressions of those you knew personally, a general sketch of those you did not know or perhaps stories from other family members; include your mother, father, grandparents, great grandparents, other relatives.

Your Parents' Life Before You Arrived: Where did they grow up; how did they meet; what was their day-to-day life like?

Your Arrival: When, where surrounding circumstances and conditions.

Your childhood: Playmates, trips, associations with your brothers and sisters, health, diseases, unusual happenings, visitors in your home, visits to grandparents/relatives that you remember, religion in your home, financial conditions.

Your Brothers and Sisters: Names, date of birth, place of birth, accomplishments, your relationship with them-growing up and now-occupations, names of spouses and children.

Your School Days: Schools attended, teachers, courses studied, special activities, friends, achievements, socials, report cards, humorous situations, who or what influenced you to take certain paths or to do things that you wouldn't have otherwise done, graduation

Your Activities Between School Sessions: Vacations, jobs, social groups, hobbies, tasks at home, church functions, fun and funny situations

Further Schooling: Colleges, courses or vocational schools attended after high school, friends, activities, why you chose certain subjects.

Your Courtship/Marriage: Special dates, best and worst dates, meeting your partner, first impressions, how the question was popped, marriage plans, the wedding, parties, showers and receptions, gifts honeymoon, meeting your in-laws, what influenced you most in your choice of a spouse.

Settling Down: Your first apartment/house, who did you live with? Your first home with a spouse, activities in your day to day life, spats, making ends meet, joys, sorrows, in laws

Your Vocation: Training for your job, promotions, companies you've worked for, salaries, associates, achievements, your own business.

Your Children: Names, dates and places of arrival, health of mother before and after, feedings and thought when you first found out, who you told and how they reacted, how father fared, characteristics, habits, smart saying and doing, firsts, growing up, accomplishments, likes, dislikes, hobbies, schooling, accidents, sickness, marriage, vocations

Your Civic/Political/Religious Activities: Interests, beliefs, values, positions held, services rendered, clubs, groups you've belonged to, associates and friends.

Your Interests: Hobbies, sports, dramatic and musical activities, reading habits, travels, favorite songs, movies, books, writers, poems, etc.

Your Plans and Hopes for the Future:

Your Encouragement and Counsel to Descendants: Your hopes for them, family traditions, and activities, your feelings about them, your ideas and values that you hold dear.

Hints on Writing Your Life Story: Tell your story plainly and with directness. Write truthfully. Include uplifting inspiring experiences and occurrences or feeling that are sad. Remember to include the "everyday" which you might take for granted. Humor helps to make for easier reading. Include news clippings, top songs, or movies from the particular time and which ones you liked and disliked, or your thoughts and feelings on them. If you can give the why of your decisions or situations, it will help other to better understand you. Illustrate as many pictures as possible.

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## **Collecting Your Family's History**

Scrapbooking is not just a craft. It's about preserving our family history and trying to collect as much past history as we can to preserve it. In the end these written memories are at least as valuable as the photos and maybe even more valuable.

This list of questions is a valuable resource for collecting your family's history. At your next family gathering take this list and interview your family members. You can go through the entire list in one sitting or break it up into several sessions. You may want to audio or video tape the session for an additional record of the conversation that will include the emotions of the story teller.

Some of the questions apply to people born in the early 1900's.

What is your full name and why were you named it?

Were you named after somebody else?

Did you have a nickname as you were growing up?

---if you did, what was it and why did they call you that?

Have you had other nicknames as an adult?

What do family members call you now?

What do you know about your family's surname?

---alternate spellings

---country of origin

Where were you born and when?

Do you remember hearing your grandparents describe their lives?

---what did they say?

What were the names, birth dates and places, marriage dates and places and occupations of your grandparents?

Did you know your grandparents well and were you especially close to any of them?

Do you remember your great-grandparents?

---What do you know about them?

What were the names, birth dates and places, marriage dates and places and occupations of your grandparents?

Did you know your grandparents well and were you especially close to any of them?

Did your family keep in touch with distant relatives?

Did your family have frequent reunions and get-togethers?

Did your parents, grandparents or great-grandparents come from a foreign country?

What family stories have you been told about your countries of origin?

Who was the oldest person you can remember in your family as a child?

---what do you remember about them?

Whom did you most admire when you were young and why (both in your family and in public life)?

Did you choose someone to pattern your life after -  
if so who and why?

What was your position in the family - oldest, youngest, middle, etc.

Were there any advantages or disadvantages of that position?

Did you get along with your siblings as a child?

Did you have a close relationship with your siblings as an adult?

Do you remember your family discussing world events and politics?

How did you get your mail - and how often?

What were your duties and responsibilities as a child?

Was there a chore you really hated doing as a child?

Did you get an allowance - or did you earn your own spending money?

Did you contribute to the family income?

Who did the cooking, cleaning, ironing, washing dishes, laundry, etc?

Did your mother work outside the home?

What did your father do for a living?

Were your clothes store bought or sewn at home?

Who taught you to cook and when?

Did you learn to sew, crochet, knit, embroider, etc.

- if so who taught you?

Did you ever learn the mechanics of a car - if so who taught you?

How is the world now different from what it was like when you were a child?

What are your opinions on the following changes or inventions -

- the proliferation of consumer goods like freezers, dishwashers, clothes dryers, TVs, cars, etc.
- the changes in fashion - clothes, makeup, etc.?
- the revolution in transportation and communication?

- the struggle for political and civil equality?
- the breakthroughs in medicine and longer life span?
- the technological advances like computers, internet, email, etc.

What do you think has been the greatest advance or invention in your lifetime?

Is there anything that has caused you concern through most of your lifetime?

What do you see as the greatest concern for the state of the world today?

What kinds of books did you like to read?

Do you remember having a favorite nursery rhyme or bedtime story?

---what was it?

Do you ever remember not having enough food to eat because times were hard for your family?

What were your favorite toys and what were they like?

What were your favorite childhood games?

Did you have any hobbies or collections?

How did your family spend its evenings?

What did Saturday mean to you?

Where did you live as a child - farm, city, small town, etc.?

Describe the houses you lived in as a child.

What other buildings were on the same property?

Did you have a yard, a fence, a swing, trees, etc.

If you moved as a child tell when and why and how you felt about it.

Did you have a room of your own or did you share it with someone else?

Did you eat in the kitchen or the dining room? - what about when you had company?

How was your home heated?

How did you keep cool in summer - go barefoot, etc.?

What did you wear in winter to keep warm?

Do you remember any blizzards, tornadoes or floods?

Do you remember ever not having electricity? - if so when did you get it?

Did you ever use candles or kerosene lanterns?

Do you remember ever not having indoor plumbing? - if so when did you get it?

How often and where did you take a bath before you got indoor plumbing?

Do you remember ever not having a refrigerator?

Where did your family get water - and was it plentiful?

Did your family have a garden - and who took care of it?

Did your family have fruit trees?

What vegetables and fruits were canned or preserved and who did it?

What were your schools like? (location, size, etc.)

How did you get to school?

What was your favorite subject in school and why?

What subject in school was always the easiest for you?

What was your least favorite subject in school and why?

What recreation was provided or allowed during recess?

Who was your favorite teacher and why were they special?

How do your fellow classmates from school remember you best?

What school activities and sports did you participate in?

Were you ever given any special awards for your studies or school activities?

What kind of grades did you get?

How many years of education have you completed?

Do you have a college degree?

---if so, what was your field of study and why did you settle on it?

Did you like school?  
What did you like the most and the least about it?  
What did you usually wear to school?  
---describe it.  
What special holiday traditions did your family have?  
How did you spend Christmas - did you decorate a tree, exchange gifts, visit relatives, attend church, etc.?  
Do you remember any special 4<sup>th</sup> of July celebrations?  
How was your birthday usually celebrated - gifts, cake, party, etc.?  
Did your family entertain often?  
Were there any fads during your youth that you remember vividly?  
Did you and your friends have a special hangout where you liked to spend time?  
---where was it and what did you do there?  
Did you ever learn to swim, attend a taffy pull, make popcorn balls, etc.?  
Name a good friend that you have known for the longest period of time?  
---how many years have you been friends?  
Has there ever been anyone in your life that you would consider to be your kindred spirit or soul mate?  
---if so, who were they and why did you feel a special bond to them?  
How old were you when you started dating?  
Do you remember your first date?  
---describe the circumstances.  
How did you meet the person that you would later marry?  
---describe them?  
Do you remember where you went on the first date with your spouse?  
How long did you know them before you got married?  
Describe your wedding proposal.  
When and where did you get married?  
Describe your wedding ceremony.  
---who was there?  
Did you have a honeymoon?  
---if so, where did you go?  
What was your first home like and how often did you move?  
How would you describe your spouse?  
What do (did) you admire most about them?  
How long have you been married (or were you married)?  
What wise advice would you give to a grandchild on their wedding day?  
How did you find out that you were going to be a parent for the first time?  
How many children did you have all together?  
What were their names, birth dates and birthplaces?  
Do you remember anything that your children did when they were small that really amazed you?  
What is one of the most unusual things that one of your children did regularly when they were small?  
What was the funniest thing you can remember that one of your children said or did?  
If you had it to do all over again, would you change the way you raised your family?  
---how?  
What did you find most difficult about raising children?  
What did you find most rewarding about being a parent?

Did you spoil any of your children?  
---how?  
Were you a strict or lenient parent?  
Did you find that you had to treat each of your children differently?  
---if so, why?  
How did you first hear that you were a grandparent?  
---how did you feel about it?  
What advice do you have for your children and grandchildren?  
As a child, what did you want to be when you grew up?  
What was your first job?  
What kinds of jobs have you had?  
How did you decide on your career?  
Did you make enough money to live comfortably?  
How long did you have to work each day at your job?  
How old were you when you retired?  
What were the hardest choices that you ever had to make?  
Do you feel like you made the right choices?  
Who was the person that had the most positive influence on your life?  
---who were they and what did they do?  
Is there a person that really changed the course of your life by something that they did?  
---who were they and what did they do?  
Do you remember someone saying something to you that had a big impact on how you lived your life?  
---what was it?  
What wars have been fought during your lifetime?  
---how did you feel about them?  
If you served in the military, when and where did you serve and what were your duties?  
If you served in the military, were you ever injured in the line of duty?  
---what were the circumstances and what were your injuries?  
How would you describe yourself politically?  
Are you Conservative or Liberal and why?  
What United States President have you admired the most and why?  
As you see it, what are the biggest problems that face our nation?  
---how do you think they could be solved?  
Where have you lived as an adult?  
List the places and the years that you lived there.  
Why are you living where you are today?  
Do you wish you lived somewhere else?  
---if so, where would it be?  
How tall are you?  
What color was your hair as a young child and then as an adult?  
What color are your eyes?  
Describe your general health.  
What major illnesses or health problems do you remember having?  
Do you have any health problems that are considered hereditary in nature?  
---if so, what are they?  
What do you do regularly for exercise?  
Have you ever been hospitalized?  
---if so, what for?

Have you ever had surgery?  
---if so, what for?  
Have you ever been in a serious accident?  
Has anyone ever saved your life?  
---describe.  
Have you ever saved anyone else's life?  
---describe.  
Have you ever been the victim of a crime?  
---what happened?  
Do you have any bad habits now or in the past?  
---what were they?  
If you could change something about yourself, what would it be?  
Have you ever had an experience that you would consider to be super-natural or psychic?  
Did you ever know something was going to happen before it actually did? --  
What was it?  
What do you usually dream about?  
What church, if any, do you attend regularly?  
What church did you attend regularly as a child?  
Describe your religious beliefs.  
Do you believe in an after life?  
Do you have a general philosophy of life?  
What was the most stressful experience that you ever lived through?  
What helped you get through it?  
What is the scariest thing that has ever happened to you personally?  
What kinds of musical instrument(s) have you learned to play?  
Would you consider yourself creative?  
What things have you made that others have enjoyed?  
How would you describe your sense of humor?  
What is the funniest practical joke you ever played on anyone?  
What activities have you especially enjoyed as an adult?  
What are your hobbies?  
What did you like to do when you were not working?  
What is the most amazing thing that has ever happened to you?  
What is the most embarrassing thing that has ever happened to you?  
Have you ever met any famous people?  
---describe what happened.  
What organizations and groups have you belonged to?  
---including groups as a child like scouts or 4-H.  
Have you ever won any special awards or prizes as an adult?  
---what were they for?  
Describe a time and place when you remember feeling truly at peace and happy to be alive.  
---where were you and what were you doing?  
What is the most beautiful place you have ever visited and what was it like?  
What is the longest trip that you have ever gone on?  
Where did you go?  
What has been your favorite vacation?  
---where did you go and why was it special?  
What was the favorite place you ever visited and what was it like?  
Did you ever travel on a train?  
---where did you go and who were you with?

When did your family acquire its first car?  
---what was the make and how much did it cost?  
When did you learn to drive and who taught you?  
What pets have you had?  
Do you have a favorite story about a pet?  
---what is it?  
Did your family own a horse and were you allowed to ride it?  
Did your family raise hogs, chickens, cows, etc.?  
What kind of meat did you eat and how often; did you slaughter your own animals?  
Did you make your own butter or cheese?  
Did your family sell butter or eggs?  
Did your family plant crops and did you help with the farm work or chores?  
Is there anything you have always wanted to do, but haven't?

Source: <http://www.geocities.com/Heartland/Farm/9753/poemfiles/hrtg.htm>

## Questions for Adults #2

(Some of these questions below may be duplicates)

Tell something about each of your children, their personalities, their talents, traits, that make them different and special.  
Describe a favorite vacation of your married years.  
Tell about home cures or old wives tales, hiccups, toothaches, earaches, arthritis.  
Where were you and what were you doing the day the wall came down in Germany or the coup in USSR or Dec. 7th World War II started or ended - pres. Kennedy  
Describe your wedding dress, bridesmaid dresses, suit etc, if male.  
Write a description of your husband or wife.  
Tell about retirement - when, where, what will you do with your time?  
Describe your mother's wedding dress - what do you know about her wedding?  
Where did you live as a child - town, country, suburb, etc?  
What is your greatest joy, your greatest sorrow?  
Do you have a favorite author why? who? Tell about your favorite books as a child - as an adult.  
What do you feel has been the most significant world events that has taken place in your lifetime and why?  
Describe the most serious illness or accident that you have had.  
What is your favorite book and what do books mean to you.

Describe your yard as a child - did you help with the yardwork?  
What are your memories --- Draw a diagram if you can.  
Tell about Family Reunions.  
Tell about your teen-age social life - your friends, dances, dating, outings, church functions etc.-  
What would you like to be remembered for?  
Describe your 1st home as a young couple.  
How did your father spend his time supporting his family?  
Tell about exciting experiences in young women, scouting or whatever.  
Tell about your life as the children left home - new interests, what did you do with the extra time -- new employment, moves, hobbies, etc.  
Tell about handed-down talents, foods, clothespin dolls, willow whistles, pottery, quilting, whittling, meat drying etc.  
What lessons did you take as a child - did you carry any over into adulthood?  
What were the favorite places to go with your family when you were young?  
Tell about any ancestors that you know about - name dates, etc. for historical purposes and any stories about them.  
Tell about anniversaries, celebrations, trips, gifts.  
What were your fears, expectations, anticipations about getting married?  
Tell about a special date you had with a boy/girl friend or your fiancée.  
What is your mother's best trait? Worst? = the traits you share.  
What is your father's best trait? Worst? = the traits you share.  
One word on how to live successfully.  
How do you feel about winning? Losing?  
Tell a courtship story about your parents, how they met etc...  
Tell the same  
about your courtship.  
Describe a favorite childhood friend and something you did with her or him.  
Tell about your grandchildren - how many- how did you feel about being a grandparent?  
Have you met or worked with famous people? Who - Where- etc.  
How did you become engaged?  
What is the most wonderful thing that ever happened to you and the worst?  
What is your child-rearing philosophy?  
Describe your Sundays as a mother/father or as a child.  
What can frighten you the most and why?  
Describe your conversion to the gospel.  
Do you wish you had more sisters or brothers, and why?  
Tell about your favorite aunt.  
What is the most exciting place that you have ever been to and why?  
What was your worst, really embarrassing moment?  
What games did you play as a child - inside and outside?  
Where did your Grandparents live? What was their home like? Did

it have a certain smell or look?

Tell about your favorite uncle.

Did you have a close relationship with your grandparents = tell about it.

Write your testimony of life - marriage - the gospel.

Did you have a bicycle and what was it like?

Tell how, when, where you learned to drive and any memorable experiences.

Tell about each of your children's names, birthdate, where, doctors, circumstances surrounding the birth - raising them in the home - problems, joys etc.

How did you like being the oldest, youngest or middle child?

What were the advantages or disadvantages?

Tell about a frustrating experience that you have had with a car.

What is your advice to those younger than you?

Were you ever in a drama, speech, sports, pep or glee club? Tell about it.

Did you and your father share any interests together - what and why?

What is your favorite scripture and why?

Describe a childhood Christmas.

Describe a typical day in elementary school.

What did you do when you were a child that got you in the most trouble and how did your parents handle it?

Tell about your first crush.

What church callings have you had and which did you enjoy the most?

Did you go camping? Tell about your experiences.

How did you feel about school?

Do you remember any of your four grandparents? Any greats? What were their names? Any memories that you have.

Tell about your mother: personality, characteristics, stature, coloring, talents, temperament, family stories about her, her role in your home, etc..

Do you have a favorite General Authority? Who and why?

What do you fantasize about doing or being?

What is your personal secret of happiness?

Describe a perfect spring day and activities on that day?

What is the most important lesson, message, or advice that you have learned that you might pass on to others?

Thinking back was there a teacher who had a great influence on you?

Tell about your own family traditions: Christmas, birthdays, graduation, 4th of July, Halloween, Thanksgiving, Memorial Day, Mothers or Fathers Day, weddings, funerals, hunting etc.

Describe a childhood birthday.

How did you become engaged?

What personality trait do you admire and why?

Did you have a favorite TV, radio, program as a child? Tell about it.

Did you go to college or have vocational training - where or

when?

Did you have a childhood hideout - tell about it.

Tell about a favorite trip or vacation.

What is your secret for good health?

Describe a childhood Christmas.

Did it snow much when you were a child - tell something about it, what did you do.?

Describe getting a Christmas tree as a child, when did you put it up and decorate it?

Tell about your civic or political activities.

Write about some places you went with your father.

Write about some places that you went with your mother.

What do you think about movies - what is your favorite movie and why?

If you could be an animal, which one would you choose and why?

Describe a typical day during your Jr. High years..

What kind of extra-curricular activities did you participate in at school?

Tell about the houses you lived in childhood - addresses, phone #'s, etc...

What do you think brings good or bad luck?

Tell about all the places you have worked.

Describe your wedding day.

What are your food preferences and how did they come about?

How did your mother spend her time?

Where you responsible for household chores? What were they?

Which did you enjoy most/ least?

What are your most deeply and imbedded values?

Source: <http://www.geocities.com/perudol1/jj1.htm>

## Questions #3

### Following are hundreds of ideas

1. Are there any family heirlooms in your possession? Tell about them and how you came to acquire them.
2. Are you involved in any clubs or extra-curricular activities? (Sports, dance, choir, etc.)
3. Are you pleased with what you look like? If you could change any part of myself what would it be?
4. Between the ages of 5 and 10, what was your favorite activity?
5. Describe a typical day in elementary school.
6. Describe a 'sound' from your childhood. What was it? When did you hear it? What does it bring to mind?
7. Describe a childhood birthday.
8. Describe a childhood Christmas.
9. Describe a favorite childhood friend and some things you did with him or her.
10. Describe a favorite childhood friend and something you did with her or him.
11. Describe a favorite vacation in your married years.
12. Describe a favorite vacation of your married years.
13. Describe a perfect spring day and activities on that day.
14. Describe a perfect spring day and activities on that day?
15. Describe a time when you felt the spirit very strongly.

16. Describe a time when you lost myself in the service of someone else. How did it feel?
17. Describe a trip downtown as a youngster.
18. Describe a typical day during the school year.
19. Describe a typical day during your high school years.
20. Describe a typical day during your Jr. High years.
21. Describe a typical day during your Jr. High years..
22. Describe a typical day in elementary school.
23. Describe each member of your family.
24. Describe getting a Christmas tree as a child, when did you put it up and decorate it?
25. Describe getting a Christmas tree with your family as a child. How did you decorate it? When did you put it up?
26. Describe one of your favorite recipes and tell where it comes from.
27. Describe one of your spouses (significant other, best friend, etc.) favorite recipes and tell where it comes from.
28. Describe the downtown of your childhood at Christmas time.
29. Describe the most serious illness or accident that you have had.
30. Describe the perfect autumn day and what activities you enjoy.
31. Describe the perfect spring day and activities done on that day.
32. Describe the perfect summer day. What would you do on that day?
33. Describe the perfect winter day. Tell about an activity you would do on that day.
34. Describe walking down the main street of your hometown.
35. Describe you Sundays as a mother/father or as a child.
36. Describe your conversion to the gospel.
37. Describe your cooking skills and your favorite thing to cook.
38. Describe your cooking skills as a newlywed.
39. Describe your favorite clothes.
40. Describe your first 'crush'. What was the person like?
41. Describe your first home as a young couple.
42. Describe your 1st home as a young couple.
43. Describe your mother's wedding dress. What do you know about her wedding?
44. Describe your mother's wedding dress - what do you know about her wedding?
45. Describe your perfect spring day. What do you like to do outside?
46. Describe your Sundays as a mother/father or as a child.
47. Describe your wedding day.
48. Describe your wedding dress, bridesmaid dresses, suit etc, if male.
49. Describe your yard as a child - did you help with the yardwork? What are your memories --- Draw a diagram if you can.
51. Did it snow much when you were a child - tell something about it, what did you do.?
52. Did you and your father share an interest in any special activity?
53. Did you and your father share any interests together - what and why?
54. Did you and your father share any interests together? What and why?
55. Did you and your mother share an interest in any special activity?
56. Did you belong to boy/girl scouts or 4-H? Tell about your experiences.
57. Did you go camping? Tell about your experiences.
58. Did you go to college or have vocational training - where and when?
59. Did you go to college or have vocational training - where or when?
60. Did you have a bicycle and what was it like?
61. Did you have a bicycle? What was it like?
62. Did you have a childhood hideout - tell about it.
63. Did you have a childhood hide-out? Where? Describe it.
64. Did you have a close relationship with any of your grandparents? Tell about it.
65. Did you have a close relationship with your grandparents = tell about it.
66. Did you have a favorite blanket or toy? Tell about it.
67. Did you have a favorite subject in school? One you dreaded?
68. Did you have a favorite T.V. show as a child or youth? Or radio show?
69. Did you have a favorite toy as a child? Did it have a name? What memories are connected to it?
70. Did you have a favorite TV or radio program as a child? Tell about it.
71. Did you have a favorite TV, radio, program as a child? Tell about it.

72. Did you have roommates or companions? Tell about them and the things you learned living with others.
73. Did you or your father share any interests together? What and why?
74. Did you receive your education somewhere other than school?
75. Did you serve in the military? If so, where and when?
76. Did you wish you had more brothers or sisters? Why?
77. Do you and your father share any interests? Tell about your relationship.
78. Do you and your mother share any interests? Tell about your relationship.
79. Do you enjoy your everyday life? What's it like?
80. Do you have a bicycle? What is it like?
81. Do you have a favorite author why? who? Tell about your favorite books as a child - as an adult.
82. Do you have a favorite author? Who? Why? Tell about favorite books as a child, youth, adult.
83. Do you have a favorite General Authority? Who and why?
84. Do you have a favorite magazine? Describe it and the kinds of things you learn from it or enjoy about it.
85. Do you have a favorite sport, talent, etc?
86. Do you have a special school memory (high school or college)?
87. Do you have a testimony? Write down the things you do believe and know are true.
88. Do you like rainstorms? Why or why not?
89. Do you like school? Why?
90. Do you like to go to the theatre? The opera? The symphony? Which do you like best? Which production did you like best and why?
91. Do you recall any outstanding family trips or summer holidays you experienced as a child?
92. Do you recall any special event that took place on your block or in your neighborhood while you were growing up?
93. Do you remember a special birthday party you've had, given or been to?
94. Do you remember any of your four grandparents? Any greats? What were their names? Any memories that you have.
95. Do you remember your grandparents? Any great-grandparents? Any memories?
96. Do you wish you had more sisters or brothers, and why?
97. Draw a floorplan of your home and label the rooms.
98. Draw a funny picture about something that makes you laugh!
99. Draw a picture of anything that you are afraid of.
100. Draw a picture of the house you live in.
101. Draw a picture of what you play with at the park.
102. Draw a picture of what you want for Christmas or what you are giving you mom.
103. Draw a picture of what you want to be when you grow up.
104. Draw a picture of what you would buy if you had all the money in the world.
105. Draw a picture of your best friend.
106. Draw a picture of your family.
107. Draw a picture of your favorite activity to do outside.
108. Draw a picture of your favorite birthday present.
109. Draw a picture of your favorite color.
110. Draw a picture of your favorite holiday.
111. Draw a picture of your favorite outfit to wear.
112. Draw a picture of your favorite pet or animal.
113. Draw a picture of your favorite place to go.
114. Draw a picture of your favorite scripture story.
115. Draw a picture of your favorite thing to do in the summertime.
116. Draw a picture of your favorite thing to do with Grandma or Grandpa.
117. Draw a picture of your favorite toy.
118. Draw a picture of your room and what makes it special.
119. Draw a picture of yourself as a baby.
120. Draw a picture of yourself dressed in your Halloween costume.
121. Draw a picture of yourself.
122. Draw a picture using your favorite color.
123. Draw picture if yourself as a baby.

124. Has anything major happened since the last time you wrote in my journal?
125. Have you ever been sick? What made you feel better?
126. Have you ever had a crush on someone? Who? Do you still like him now? Describe him, and what attracts you to him.
127. Have you ever learned something from being in an argument with someone? If yes, Why?
128. Have you ever stood up for what you believe, even when it was very hard? Tell about it.
129. Have you ever stood up for what you believe, even when it was very hard? When?
130. Have you ever stood up for what you believe, even when it was very hard? Tell about it.
131. Have you ever written a story, poem, or song you would like to add to my journal?
132. Have you met or worked with any famous people? Where, when, etc.?
133. Have you met or worked with famous people? Who - Where- etc.
134. How did you become engaged?
135. How did you feel about school?
136. How did you first meet your in-laws?
137. How did you like being the oldest, youngest or middle child? What were the advantages or disadvantages?
138. How did your father spend his time supporting his family?
139. How did your father spend his time?
140. How did your mother spend her time?
141. How do you feel about death? Tell about your philosophy of after-life.
142. How do you feel about dentists? Why?
143. How do you feel about doctors? Why?
144. How do you feel about winning? Losing?
145. How many are in your family? Do you wish you had more brothers and sisters?
146. How old were you and your spouse when you were married? How old were your parents when they married? Describe plans, hopes, etc., at that time.
147. If I've received my patriarchal blessing, what is the most significant part to me?
148. If you could be a flower, which one would you choose and why?
149. If you could be a tree, what kind of tree would you be? Why?
150. If you could be an animal, which one would you choose and why?
151. If you could change any part of myself, what would it be?
152. If you could have any animal as a pet, what kind would you choose and why?
153. If you could have your favorite dinner for your birthday, what would it be?
154. If you could live anywhere, where would it be? Why?
155. If you could watch a video over and over, what would it be and why? What is it about?
156. In what kinds of extracurricular activities did you participate in school?
157. List all the costumes you have worn or characters you have been for Halloween.
158. List each of your Aunts and Uncles. Tell one thing about each of them.
159. ONE WORD on how to live successfully.
160. Share a principle you have learned, or one you have taught.
161. Tell a courtship story about your parents, how they met etc... Tell the same
162. Tell a courtship story about your parents, how they met, etc. Then tell the same about you.
163. Tell about a favorite trip or vacation.
164. Tell about a favorite vacation from your childhood.
165. Tell about a fishing or hunting experience.
166. Tell about a frustrating experience that you have had with a car.
167. Tell about a frustrating experience you've had.
168. Tell about a special Birthday party you've had? Given? Or been to?
169. Tell about a special date you had with a boy/girl friend or your fiance.
170. Tell about a special date you had.
171. Tell about a trip your family took that you particularly enjoyed. Where did you go? What did you see?
172. Tell about all the places you have worked.
173. Tell about anniversaries, celebrations, trips, and gifts.
174. Tell about anniversaries, celebrations, trips, gifts.
175. Tell about any ancestors that you know about - name dates, etc. for historical purposes and any stories about them.
176. Tell about any ancestors that you know about - name, dates, etc. For historical purposes and any stories about them.

177. Tell about any ancestors that you know about. Names, dates, etc. for historical purposes and any stories about them.
178. Tell about any ancestors you know about - dates, names, etc. and any stories about them.
179. Tell about any conditions surrounding your birth that you are aware of. Tell any interesting stories about your beginnings, how your name was chosen, etc.
180. Tell about any General Conference talk that you can still remember.
181. Tell about any interesting or important visitors to your home.
182. Tell about any pets you had as a child.
183. Tell about dreams, expectations, and hopes you have for each of your kids.
184. Tell about each of your child's names, birth date, where, doctors, circumstances surrounding the birth, raising them in the home, problems, joys, etc...
185. Tell about each of your children - names, birth dates and where, doctor, circumstances surrounding the birth, characteristics, problems, joys, etc.
186. Tell about each of your children's names, birth date, where, doctors, circumstances surrounding the birth, raising them in the home, problems, joys etc.
187. Tell about each of your children's names, birthdate, where, doctors, circumstances surrounding the birth - raising them in the home - problems, joys etc.
188. Tell about exciting experiences in young women, scouting or whatever.
189. Tell about family reunions.
190. Tell about favorite games you played as a child.
191. Tell about handed down talents, foods, clothespin dolls, willow whistles, pottery, quilting, whittling, meat drying etc.
192. Tell about handed-down talents, foods, clothespin dolls, willow whistles, pottery, quilting, whittling, meat drying etc.
193. Tell about handed-down talents: foods, clothespin dolls, willow whistles, pottery, quilting, whittling, meat-drying, etc.
194. Tell about home cures or old wives tales for curing hiccups, warts, toothaches, colds, earaches, birth control, arthritis, etc.
195. Tell about home cures or old wives tales, hiccups, toothaches, earaches, arthritis.
196. Tell about home cures or old wives tales, hiccups, toothaches, earaches, arthritis.
197. Tell about how, when, where you learned to drive.
198. Tell about religion practiced in your home - faith promoting stories, etc.
199. Tell about retirement -- When, where, what will you do with your time?
200. Tell about retirement - when, where, what will you do with your time?
201. Tell about retirement - when, where, what will you do with your time?
202. Tell about schools attended, special teachers, friends, classes, activities, humorous situations, achievements, etc.
203. Tell about some of the most notable people in your hometown.
204. Tell about some of your neighbors as a child; as a youth; as an adult.
205. Tell about the birth of your first child. Then about each of the others.
206. Tell about the changes you've seen in your lifetime: society in general, technology, fashion, fads, morality, politics, etc.
207. Tell about the house you live in. Have you lived anywhere else. If so do you remember the addresses, phone numbers?
208. Tell about the house you live in. Have you lived anywhere else? If so do you remember the addresses, phone numbers?
209. Tell about the house(s) you lived in during your childhood. Do you remember the addresses or phone numbers?
210. Tell about the houses you lived in as a child. Address, phone numbers, etc..
211. Tell about the houses you lived in childhood - addresses, phone #'s, etc...
212. Tell about the houses you lived in during your childhood.
213. Tell about the most wonderful thing that ever happened to you.
214. Tell about the places where you have worked.
215. Tell about the places you have worked.
216. Tell about your civic or political activities.
217. Tell about your civic or political activities.
218. Tell about your dad's job and/or your grandpa's.
219. Tell about your early romances.

220. Tell about your family traditions: Christmas, birthdays, graduations, Fourth of July, Halloween, Thanksgiving, hunting, weddings, etc.
221. Tell about your father - personality, characteristics, stature, coloring, talents, temperament, family stories about him, etc.
222. Tell about your favorite Aunt or Uncle.
223. Tell about your favorite aunt.
224. Tell about your favorite friend and why they are special to you.
225. Tell about your favorite pet - what kind of animal? when did you get him/her? Why do you like them?
226. Tell about your favorite pet ... what kind of animal? When did you get him/her? Why do you like them?
227. Tell about your favorite pet. What kind of animal? When did you get him or her? Why do you like them?
228. Tell about your favorite uncle.
229. Tell about your first crush.
230. Tell about your grandchildren - how many- how did you feel about being a grandparent?
231. Tell about your grandchildren - how many- how did you feel about being a grandparent?
232. Tell about your grandchildren - how many? Names? How you feel about being a grandparent?
233. Tell about your life as the children left home - new interests what did you do with the extra time - -new employment, moves, hobbies, etc.
234. Tell about your life as the children left home - new interests, what did you do with the extra time -- new employment, moves, hobbies, etc.
235. Tell about your life as the children left home. New interests, what you did with the extra time, new employment, moves, hobbies, etc.
236. Tell about your mother - personality, characteristics, stature, coloring, talents, temperament, family stories about her, etc.
237. Tell about your own family traditions. Christmas, birthdays, graduation, fourth of July, Halloween, Thanksgiving, Memorial Day, Mothers or Fathers Day, weddings, funerals, hunting etc.
238. Tell about your own family traditions: Christmas, birthdays, graduation, 4th of July, Halloween, Thanksgiving, Memorial Day, Mothers or Fathers Day, weddings, funerals, hunting etc.
239. Tell about your own family traditions: Christmas, birthdays, graduation.
240. Tell about your parents' philosophy of raising kids, discipline, rules, etc.
241. Tell about your teen-age social life - your friends, dances, dating, outings, church functions etc.--
242. Tell about your teenage social life - your friends, dances, dating, outings, church functions, etc.
243. Tell all about your favorite friend and why they are special to you.
244. Tell how you feel about water - playing in it, seeing it, using it. Tell about various bodies of water you have seen and an experience or feeling.
245. Tell how, when, where you learned to drive and any memorable experiences.
246. Tell something about each of your children, their personalities, their talents, traits, that make them different and special.
247. Tell something about each of your children, their personalities, their talents and traits that make them different and special.
248. Tell something about each of your children, their personalities, their talents, traits, that make them different and special.
249. Tell something about each of your children; their personalities; their talents; their traits that make them different and special.
250. Tell something you enjoyed doing with you grandma or grandpa.
251. Tell something you enjoyed doing with your Grandma or Grandpa.
252. Tell the things you parents have told you that you did when you were a baby.
253. Tell the things your parents have told you that you did when you were a baby.
254. Tell the words of a song from your childhood. What memories does it bring?
255. Tell what you know about the day you were born.
256. Tell what you know about the day your were born.
257. Tell where you went to school - list teachers, subjects, friends.
258. Tell your favorite joke, or about something that makes you laugh.

259. Tell something you enjoyed doing with your Grandma or Grandpa.
260. The Lord gave everyone talents, what are some of my talents?
261. The Lord gave everyone talents. What are some of my talents?
262. Thinking back was there a teacher or class that had a great influence on you?
263. Thinking back was there a teacher who had a great influence on you?
264. Were there any events -- world, local, or personal, that changed your life?
265. Were you ever in a drama, speech, sport, pep or glee club, etc.? Tell about it.
266. Were you ever in a drama, speech, sports, pep or glee club? Tell about it.
267. Were you ever in a drama, speech, sports, pep or glee club? Tell about it.
268. Were you responsible for any household chores? What were they? Which did you most enjoy? Least enjoy?
269. Were you responsible for household chores? What were they? Which did you enjoy most? Least?
270. What am you studying in Primary this year? Do you enjoy it? Do you feel the spirit there?
271. What am you studying this year in Seminary? Do you enjoy it? Do you feel the spirit there?
272. What am you studying this year? Do you enjoy it? Do you feel the spirit there?
273. What are my favorite family holiday traditions?
274. What are my goals and dreams?
275. What are my goals for making it back to live with my Father in Heaven?
276. What are some events that are happening in the world right now? (Include newspaper clippings).
277. What are some events that are happening in the world right now? (Include newspaper clippings).
278. What are some of my jobs at home?
279. What are some of my talents?
280. What are some of the events that are happening in the world right now? (include newspaper clippings)
281. What are some of your favorite smells? Why?
282. What are the things you love and admire about my father?
283. What are the things you love and admire most about my father?
284. What are the things you love and admire most about my mother?
285. What are you frightened of?
286. What are you frightened of? Why?
287. What are your favorite colors, flowers, foods, activities, hobbies?
288. What are your food preferences and how did they come about?
289. What are your food preferences and how did they come about?
290. What are your food preferences? How did they come about?
291. What are your most deeply and imbedded values?
292. What are your most precious and deeply imbedded values?
293. What brings you the most peace and why?
294. What can frighten you the most and why?
295. What can you remember about the day you were baptized?
296. What childhood experiences do you remember, (funny stories, accidents, memories playing etc.)?
297. What church callings have you had and which did you enjoy the most?
298. What color was your house; your bedroom; your living room as a child?
299. What convinced you most in your choice of a spouse?
300. What did you do as a child that got you into the most trouble with your parents? How did they handle it?
301. What did you do when you were a child that got you in the most trouble and how did your parents handle it?
302. What did you want to be when you grew up?
303. What did your father do for a living? How did he get to work, what time did he go, and get home? Did he take a lunch? Who did he work with?
304. What did your grandfathers do for a living? Did your grandmothers work too?
305. What do think about television?
306. What do you fantasize about being or doing?
307. What do you fantasize about doing or being?

308. What do you feel has been the most significant world event that has taken place during your lifetime and why?
309. What do you feel have been the most significant world events that have taken place in your lifetime and why?
310. What do you know about my Savior? What are my feelings about Him?
311. What do you know about my Savior? What are my feelings about Him?
312. What do you look like?
313. What do you remember about shopping with your mother? Any particular stores? What was your favorite store?
314. What do you remember about yourself as a teenager? What was important to you? Your dreams? Goals?
315. What do you think about movies? What is your favorite movie and why?
316. What do you think brings good or bad luck?
317. What do you think of myself?
318. What do you want to be when you grow up? What will you be doing?
319. What do you want to be when you grow up? What will you be doing?
320. What do you want to do after you get out of school?
321. What does my bedroom look like? Do you share a room? Am you comfortable in my room? What do you like best about my room?
322. What does the mail mean to you? Are you a good letter writer? Who do you or have you corresponded with?
323. What games did you play as a child - inside and outside?
324. What games did you play as a child - inside and outside?
325. What games did you play in your house or neighborhood?
326. What has been a General Conference talk that has had an impact on me?
327. What instrument do you play or wish you could play?
328. What instrument do you wish you could play and why?
329. What is a favorite board game or computer game and why do you like it?
330. What is a favorite family place to go with your spouse and kids?
331. What is my favorite area in nature?
332. What is my favorite Christmas memory?
333. What is my favorite food? When you cook for my family, what do you enjoy making most?
334. What is my favorite scripture and what are my thoughts or feelings about it?
335. What is my favorite scripture and what thoughts or feelings does it provoke?
336. What is my favorite sport or activity to do at recess?
337. What is my favorite sport or activity to do at recess?
338. What is my favorite thing to do at home?
339. What is my full name and who am you named after? If you could change it, what would call myself?
340. What is my full name and who am you named after? If you could change it, what would you call myself?
341. What is my full name and who am you named after? If you could change it, what would you call myself?
342. What is my home life like? Write down ways you would want to change or strengthen it.
343. What is my most embarrassing moment?
344. What is my most favorite thing to do a home?
345. What is my most favorite thing to do at home?
346. What is my primary class like? Who is in it? Who is my teacher? What is my favorite thing about my teacher?
347. What is my primary class like? Who's in it? Who's my teacher? What's my favorite thing about my teacher?
348. What is my seminary class like? Who's in it? Who's my teacher? What's my favorite thing about my teacher? What am you studying this year? Do you enjoy it? Does the spirit thrive there?
349. What is my YW class like? Who's in it? Who's my teacher? What's my favorite thing about my teacher?
350. What is the best Christmas present you received? What is the best one you gave?
351. What is the best Christmas present you received? What is the best one you gave?
352. What is the biggest lesson in life you found to be true?
353. What is the most adventuresome thing you have ever done?

354. What is the most exciting place you have ever been to? What makes it exciting?
355. What is the most important lesson, message, or advice you've learned that you'd like to pass on for other to profit from?
356. What is the most trying experience that ever happened to you?
357. What is the most wonderful thing that ever happened to you? The worst?
358. What is the one invention you could not live without and why?
359. What is the valuable principle I've learned through my experiences with others?
360. What is the weirdest dream I've ever had?
361. What is you best and worst subject in school? What do you like and dislike about them?
362. What is you favorite holiday? How do you celebrate it?
363. What is you favorite Saturday activity?
364. What is you favorite thing to play at the park?
365. What is your advice to those younger than you.
366. What is your advice to those younger than you?
367. What is your best and worst subject in school? What do and don't you like about them?
368. What is your child-rearing philosophy?
369. What is your father's best trait? Worst? What traits do you share?
370. What is your father's best trait? Worst? = the traits you share.
371. What is your favorite animal? Tell why.
372. What is your favorite book? What do books mean to you?
373. What is your favorite color and why?
374. What is your favorite holiday? How do you celebrate it?
375. What is your favorite Saturday activity?
376. What is your favorite scripture and why?
377. What is your favorite scripture? Why?
378. What is your favorite thing to play at the park?
379. What is your greatest joy, your greatest sorrow?
380. What is your mother's best trait? Worst? What traits do you share?
381. What is your mother's best trait? Worst? = the traits you share.
382. What is your personal secret of happiness?
383. What is your principle occupation and what circumstances led to it?
384. What is your room like? Do you share it with someone? What makes it special to you?
385. What is your room like? Do you share it with someone? What makes it special to you?
386. What is your room like? Do you share it with someone? What makes it special to you?
387. What is your secret for good health?
388. What is your secret of happiness?
389. What kind of extra-curricular activities did you participate in at school?
390. What kind of music do you like? Any memories associated with music?
391. What kind of music do you like? What is your favorite song and why?
392. What kinds of extra curricular activities did you participate in at school?
393. What kinds of foods do you consider to be "picnic food"? Where do you like to go to eat it?
394. What kinds of sports did you play; did you watch; did you like? How about now?
395. What lessons did you take as a child? Did you carry any over into adulthood?
396. What makes each of your brothers and sisters special? Be specific.
397. What makes you feel good (occasion, food, person, etc.)?
398. What personality trait do you admire most and why?
399. What pets have you had? Which one was my favorite?
400. What political party comes closest to representing your own point of view?
401. What special things did you do with your father?
402. What special things did you do with your mother?
403. What things do you enjoy doing today that you also enjoyed as a child? Describe them now and differences, similarities, etc.
404. What was a favorite place to go with your family when you were young?
405. What was the first piece of furniture you bought?
406. What was you most embarrassing moment?
407. What was your favorite Saturday activity as a child?
408. What was your most embarrassing moment?
409. What was your worst, really embarrassing moment?
410. What were the favorite places to go with your family when you were young?

411. What were your father's best traits? His worst? The traits you share?
412. What were your fears, expectations, and anticipations about getting married?
413. What were your fears, expectations, anticipations about getting married?
414. What were your mother's best traits? Her worst? The traits you share?
415. What would you give your family?
416. What would you give yourself if you had all the money in the world? What would you give your family?
417. What would you give yourself if you had all the money in the world?
418. What would you give yourself if you had all the money in the world? What would you give your family?
419. What would you like to be remembered for?
420. What's my best subject in school?
421. What's my favorite Christmas memory?
422. What's my favorite Christmas present you remember getting?
423. What's my least favorite subject in school?
424. What's my most favorite movie, book, poem or song?
425. What's the best thing I've ever done with my life?
426. What's your favorite movie? Why do you like it? What's it about?
427. What's your favorite movie? Why do you like it? What's it about?
428. What's your favorite thing to do in the summertime? Why?
429. What's your favorite thing to do in the summertime? Why?
430. What's my favorite Christmas memory?
431. What's my home life like? Write down ways you would want to change or strengthen it.
432. When was you most proud of myself?
433. When was you the most proud of myself? and when were my parents most proud of me?
434. When was you the most proud of myself? When were my parents most proud of me?
435. When were my parents most proud of me?
436. Where did you live as a child - town, country, suburb, etc.?
437. Where did you live as a child - town, country, suburb, etc.?
438. Where did your grandparents live? What was their home like? Did it have a certain 'smell' or 'look' or 'feel'?
439. Where did your parents live when they were first married? Tell about other places they lived as well.
440. Where do you go to school, what grade are you in, who is you teacher?
441. Where do you go to school, what grade are you in, who is your teacher?
442. Where do you like to go to eat out? What do you order?
443. Where do your grandparents live? What are their homes like? Do they have a certain smell or look or feel?
444. Where is my most favorite place to go, what is it like?
445. Where is my most favorite place to go? What is it like?
446. Where is the most exciting place you have been and why?
447. Where were you and what were you doing the day the first man landed on the moon?
448. Where were you and what were you doing the day the wall came down in Germany?
449. Where were you and what were you doing the day the wall came down in Germany or the coup in USSR or Dec 7th - World War II started or ended - Pres. Kennedy assassinated?
450. Where were you and what where you doing the day of the Challenger Space Shuttle Explosion?
451. Where were you and what where you doing the day of the coup in the USSR?
452. Where were you and what where you doing the day President Kennedy was assassinated?
453. Where were you and what where you doing the day the wall came down in Germany?
454. Where would you like to live most of all and why?
455. Where would you like to vacation most of all and why?
456. Were you responsible for household chores? What were they? Which did you enjoy most/ least?
457. Who am you closest to in my immediate family and why?
458. Who am you closest to in my immediate family? How did our relationship grow?
459. Who are my church leaders?
460. Who are my young women teachers right now? How have they taught me the values?
461. Who are some of my "school friends" and what do we do together?
462. Who are some of my "school friends"?

463. Who are some of my favorite people? Why?
464. Who is my best friend? What is he/she like?
465. Who is my best friend? What is she/he like?
466. Who is my favorite General Authority speaker? Why?
467. Who is the prophet of the church right now? What are you learning from him?
468. Who is your favorite teacher? Why? Can you remember and tell about a special teacher?
469. Would you choose differently if you could choose your occupation again? Why? How? Any advice?
470. Write a description of your husband or wife.
471. Write a description of your significant other.
472. Write a want ad that best describes you if you were for sale.
473. Write a want ad that describes your father.
474. Write a want ad that describes your mother.
475. Write a want ad that describes your significant other.
476. Write about feeling loved and by whom.
477. Write about how a prayer was answered.
478. Write about some of the places you went with your father.
479. Write about some of the places you went with your mother.
480. Write about some places that you went with your mother.
481. Write about some places you went with your father.
482. Write about something you are grateful for. Make a list and count your blessings.
483. Write about the most interesting thing that happened since the last time you wrote in you journal.
484. Write description of your husband or wife.
485. Write down your favorite scripture story.
486. Write something nice about your family that they do that makes you happy.
487. Write your testimony of life, marriage, and religious beliefs.

#### **Questions #4:**

What do you remember about shopping with your mother? Any particular stores? What was your favorite store?

Describe the perfect summer day. What would you do on that day?

What is your favorite holiday? How do you celebrate?

What did your father do for a living? How did he get to work, what time did he go, and get home? Did he take a lunch? Who did he work with?

Tell about some of your neighbors as a child; as a youth; as an adult.

How old were you and your spouse when you were married? How old were your parents when they married? Describe plans, hopes, etc., at that time.

Tell about the birth of your first child. Then about each of the others.

What political party comes closest to representing your own point of view?

Write a want ad that describes your mother.

Write a want ad that describes your father.

Between the ages of 5 and 10, what was your favorite activity?

Describe the perfect autumn day. What would you do on that day?

Where were you and what were you doing the day the first man landed on the moon?

Where were you and what were you doing the day the wall came down in East Germany - or the day of the coup in the USSR?

What color was your house; your bedroom; your living room as a child?

Did you have a favorite toy as a child? Did it have a name? What memories are connected to it?

How do you feel about doctors? Why?

How do you feel about dentists? Why?

Do you have a special school memory (high school or college)?

If you could be a flower, which one would you choose and why?

Tell about a favorite vacation from your childhood.

What games did you play in your house or neighborhood?

Describe your wedding day.

What do you think brings good or bad luck?

What are your food preferences? How did they come about?

Did you have a close relationship with any of your grandparents? Tell about it.

What was the first piece of furniture you bought?

What instrument do you play or wish you could play?

If you could be a tree, what kind of tree would you be? Why?

What is your principal occupation and what circumstances led to it?

Did you and your mother share an interest in any special activity?

Did you and your father share an interest in any special activity?

Share a principle you have learned, or one you have taught.

What is the most adventuresome thing you have ever done?

Describe the perfect spring day and activities done on that day.

Describe a favorite childhood friend and some things you did with him or her.

Did you have a bicycle? What was it like?

Did it snow where you lived as a child? What kinds of things did you do in it?

What are you frightened of? Why?

Describe a childhood birthday.

Where did your parents live when they were first married? Tell about other places they lived as well.

Did you have a favorite subject in school? One you dreaded?

Are there any family heirlooms in your possession? Tell about them and how you came to acquire them.

What are some of your favorite smells? Why?

Describe your cooking skills as a newlywed. Give one of your spouse's favorite recipes and tell where it comes from.

What was your favorite Saturday activity as a child?

Describe the perfect winter day. Tell about an activity you would do on that day.

What makes each of your brothers and sisters special? Be specific.

How did your mother spend her time?

How did your father spend his time?

Describe a childhood Christmas.

Tell about family reunions.

Were you ever in a drama, speech, sport, pep or glee club, etc.? Tell about it.

What special things did you do with your father?

What special things did you do with your mother?

What is your favorite scripture? Why?

If you could be an animal, which one would you choose and why?

Did you belong to boy/girl scouts or 4-H? Tell about your experiences.

Did you go camping? Tell about experiences doing it.

What kinds of sports did you play; did you watch; did you like? How about now?

What is your favorite animal? Tell why.

Where would you like to live most of all and why?

Where would you like to vacation most of all and why?

What brings you the most peace and why?

Tell how you feel about water - playing in it, seeing it, using it. Tell about various bodies of water you have seen and an experience or feeling.

Tell about dreams, expectations, and hopes you have for each of your kids.

Tell about retirement -- When, where, what will you do with your time?

How do you feel about death? Tell about your philosophy of after-life.

What is the most exciting place you have ever been to? What makes it exciting?

What do you fantasize about being or doing?

What is your personal secret for happiness?

Tell about a fishing or hunting experience.

What kinds of foods do you consider to be "picnic food"? Where do you like to go to eat it?

Where do you like to go to eat out? What do you order?

Do you have a favorite magazine? Describe it and the kinds of things you learn from it or enjoy about it.

Did you have roommates or companions? Tell about them and the things you learned living with others.

What makes you feel good (occasion, food, person, etc.)?

Do you like to go to the theatre? The opera? The symphony? Which do you like best? Which production did you like best and why?

What does the mail mean to you? Are you a good letter writer? Who do you or have you corresponded with?

What is your child rearing philosophy?

What is your greatest joy? Your greatest sorrow?

What is your secret for good health?

What is the most important lesson, message, or advice you've learned that you'd like to pass on for other to profit from?

Tell about the changes you've seen in your lifetime: society in general, technology, fashion, fads, morality, politics, etc.

What are your most precious and deeply imbedded values?

What is the biggest lesson in life you found to be true?

Tell about your grandchildren - how many? Names? How you feel about being a grandparent?

Tell something about each of your children; their personalities; their talents; their traits that make them different and special.

Tell about your civic or political activities.

Tell about handed-down talents: foods, clothespin dolls, willow whistles, pottery, quilting, whittling, meat-drying, etc.

Tell about your family traditions: Christmas, birthdays, graduations, Fourth of July, Halloween, Thanksgiving, hunting, weddings, etc.

ONE WORD on how to live successfully.

Tell about any ancestors you know about - dates, names, etc. and any stories about them.

What personality trait do you admire most and why?

Tell about home cures or old wives tales for curing hiccups, warts, toothaches, colds, earaches, birth control, arthritis, etc.

Tell about each of your children - names, birth dates and where, doctor, circumstances surrounding the birth, characteristics, problems, joys, etc.

Tell about your life as the children left home. New interests, what you did with the extra time, new employment, moves, hobbies, etc.

Tell about anniversaries (celebrations, gifts, trips, etc.).

What were your father's best traits? His worst? The traits you share?

What were your mother's best traits? Her worst? The traits you share?

How did you like being the oldest, youngest, or middle child?

Tell a courtship story about your parents, how they met, etc. Then tell the same about you.

What do you feel has been the most significant world event that has taken place during your lifetime and why?

Describe your yard as a child. Did you help with yard work? What are your memories? Draw a diagram if you can.

Tell about how, when, where you learned to drive.

Describe getting a Christmas tree with your family as a child. How did you decorate it? When did you put it up?

What was your most embarrassing moment?

Thinking back was there a teacher or class that had a great influence on you?

Would you choose differently if you could choose your occupation again? Why? How? Any advice?

Describe your mother's wedding dress. What do you know about her wedding?

Have you met or worked with any famous people? Where, when, etc.?

Did you go to college or take any vocational training? What and where?

Describe a typical day during your high school years.

Where did your grandparents live? What was their home like? Did it have a certain 'smell' or 'look' or 'feel'?

Describe a typical school day as a child in elementary school.

Describe the downtown of your childhood at Christmas time.

Tell about a frustrating experience you've had with a car.

Describe a favorite vacation in your married years.

Do you recall any special event which took place on your block or in your neighborhood while you were growing up?

How did you first meet your in-laws?

Tell about your parents' philosophy of raising kids, discipline, rules, etc.

What do you remember about yourself as a teenager? What was important to you? Your dreams? Goals?

Tell about your father - personality, characteristics, stature, coloring, talents, temperament, family stories about him, etc.

Tell about your mother - personality, characteristics, stature, coloring, talents, temperament, family stories about her, etc.

Did you serve in the military? If so, where and when?

Tell about religion practiced in your home - faith promoting stories, etc.

Tell about your teenage social life. Your friends, dances, movies, dating...

What convinced you most in your choice of a spouse?

Tell about favorite games you played as a child.

Were there any events -- world, local, or personal, that changed your life?

Tell about any interesting or important visitors to your home.

Tell about any conditions surrounding your birth that you are aware of. Tell any interesting stories about your beginnings, how your name was chosen, etc.

Tell about your early romances.

Tell about schools attended, special teachers, friends, classes, activities, humorous situations, achievements, etc.

Tell about any pets you had as a child.

Describe your Sundays as a mother/father.

How do you feel about winning? Losing?

Describe a trip downtown as a youngster.

Write your testimony of life, marriage, religious beliefs.

How did you feel about school?

Tell about a special date you had with a boy/girl friend; your fiancé/e.

Tell about a frustrating experience you've had on a wash day, with the machine, the outcome of the clothes, etc.

Tell where you went to school - list teachers, subjects, friends.

What kind of music do you like? Any memories associated with music?

Describe walking down the main street of your hometown.

Tell about some of the most notable people in your hometown.

Do you remember your grandparents? Any great-grandparents? Any memories?

Did you have a childhood hide-out? Where? Describe it.

Do you have a favorite author? Who? Why? Tell about favorite books as a child, youth, adult.

Tell about your favorite aunt.

Tell about your favorite uncle.

Describe a 'sound' from your childhood. What was it? When did you hear it? What does it bring to mind?

Tell the words of a song from your childhood. What memories does it bring?

What did you want to be when you grew up?

What did your grandfathers do for a living? Did your grandmothers work too?

Do you like rainstorms? Why or why not?

Do you remember a special birthday party you've had, given or been to?

What do think about television?

Did you have a favorite T.V. show as a child or youth? Or radio show?

Did you wish you had more brothers or sisters? Why?

Describe a typical school day during your Jr. high years.

How did you become engaged?

What are your favorite colors, flowers, foods, activities, hobbies?

What was a favorite place to go with your family when you were young?

What is a favorite family place to go with your spouse and kids?

What is the one invention you could not live without and why?

What is your advice to those younger than you?

How many brothers and sisters do you have? Describe them. Tell a story about each of them.

Do you and your father share any interests? Tell about your relationship.

Do you and your mother share any interests? Tell about your relationship.

What do you think about movies? What is your favorite movie and why?

What things do you enjoy doing today that you also enjoyed as a child? Describe them now and differences, similarities, etc.

Write about some places you went with your mother.

Write about some places you went with your father.

In what kinds of extracurricular activities did you participate in school?

Describe your first home/apartment as a young couple.

Write a want ad that describes your spouse.

Describe the most serious illness you have had.

What would you like to be remembered for?

Do you recall any outstanding family trips or summer holidays you experienced as a child?

Describe your first 'crush'. What was s/he like?

What is your favorite book? What do books mean to you?

Did you receive your education somewhere other than school?

Where did you live as a child? City, countryside, suburb?

What were your fears, expectations, anticipations about getting married?

Tell about the house(s) you lived in during your childhood. Do you remember the addresses or phone numbers?

Were you responsible for any household chores? What were they? Which did you most enjoy? Least enjoy?

List each of your aunts and uncles and tell one thing about each of them.

What is the most wonderful thing that ever happened to you? The worst?

What is the most trying experience that ever happened to you?

What did you do as a child that got you into the most trouble with your parents? How did they

handle it?

Tell about the places where you have worked.

Even MORE JJ Questions:

Write a want ad that describes your husband/wife.

Tell about a favorite vacation from your childhood.

Describe your first home/apartment as a young couple.

Describe your first "crush" and what he/she was like.

What kind of extracurricular activities were you in at school?

Describe your wedding day.

Did you have a close relationship with your grandparents? Explain.

Describe the most serious illness you have had.

What lessons did you take as a child that have carried over into your adult life? (piano, violin, dance, guitar, etc.)

What's the most wonderful thing that ever happened to you?

What's the worst thing that's ever happened to you?

Were you responsible for any household chores? What were they? Which did you enjoy most? Least enjoy?

Where did you live as a child? (city, country, etc.)

Did you receive your education somewhere other than a school?

What are your favorites: colors, flowers, foods, activities, hobbies?

What would you like to be remembered for?

What were your fears, expectations, anticipations, about getting married?

Tell about the house(s) you lived in during your childhood. Do you remember the addresses or phone numbers?

Do you recall any outstanding family trips or summer holidays you experienced as a child?

What is the most trying experience that ever happened to you?

How many brothers and sisters do you have? Describe them. Tell a story about you and each of them.

What is your favorite book....What do books mean to you?

What games did you play in your house or neighborhood?

Tell about some of your neighbors as a child.

What things do you enjoy doing today that you also enjoyed as a child?

What is a special smell you remember from your childhood?

Tell about a special date you had with a boy/girlfriend, your fiancée?

Tell about your favorite aunt.

Did you wish you had more sisters or brothers? Why?

What is your greatest joy? What is your greatest sorrow?

What is the biggest lesson in life you found to be true?

What is the most important lesson, message, or advice you've learned that you'd like to pass on for others to profit by?

What is ONE WORD on how to live successfully.

Describe a night at Grandma's house.

Have you met or worked with any famous people?  
Where, Who, When...

Tell about a frustrating experience you've had with your car.

Tell about a courtship story about your parents, how they met, etc. Then tell the same about you.

Describe your mother's wedding dress. What do you know about her wedding?

What was your most (really!) embarrassing moment?

Describe getting a Christmas tree with your family as a child, how it was decorated, when did you put it up?

Describe a typical day during High School years.

Did you go to college or take any special vocational training?

Would you choose differently if you could choose your occupation again? Why, How and any advice?

Describe your yard as a child. Did you help with yard work? Draw a diagram if you can of what it looked like.

Thinking back, was there a teacher or a class that had a great influence on you?

Tell about how, when, and where you learned to drive, and any memorable experiences while learning.

How did you become engaged?

What did you want to be when you grew up?

What did your grandfather do for a living?

Describe walking down main street of your hometown.

Where did you go to school?

What do you think of television?

Are you the oldest, youngest, or middle child?

What were your mothers best traits? Her worst? The ones you share?

Describe you Sundays.

Tell about any conditions surrounding your birth that you are aware of and tell any interesting stories about your beginnings (how your name was chosen, any close calls, etc.).

Tell about your mother, her personality, characteristics, stature, coloring talents, temperament, familiar stories about her, her role in you home, etc.

Tell about your father, his personality, characteristics, stature, coloring talents, temperament, familiar stories about him, his role in you home, etc

Tell about your parents philosophy of raising kids, discipline & rules.

Tell about any interesting or important visitors to you home.

Tell about any schools you attended & special teachers, friends, humorous situations, & achievements.

What family customs do you recall which may have had their origins in a foreign land? Describe family traditions that you remember from your childhood.

Tell about all the places you've worked.

When you were a child, what got you into the most trouble with your parents? How well did they handle it?

List each of your uncles and aunts and tell one thing about each of them.

What are some of your hobbies right now?

Describe the perfect Autumn day.

How old were you and your husband when you were married? How old were your parents when they were married?

What do you think about movies? What is your favorite movie?

What is your advice to those younger than you?

Did you and your father share any interest? Tell about your relationship.

Describe the perfect summer day.

What do you remember about shopping with your mother? Any particular store? What was your favorite store?

What did your father do for a living? (how did he get to work, what time did he go and get home, did he take a lunch, who did he work with and did he get any special training for his job?)

What political party comes closest to representing your own point of view? How do you feel about politics?

Write a want ad that describes your mother.

What special things did you do with your father?

Tell about the birth of your first child.

What is your favorite holiday? How do you celebrate?

Where were you and what were you doing the day President Kennedy was shot and the day the first man landed on the moon?

Do you remember any special feelings you had as a child regarding fears, fantasies, etc.? Describe your favorite type of clothing?

Between the ages of 5-10 what was your favorite activity?

What were your father's best traits? His worst? Ones you share?

Describe a typical school day as a child in elementary school.

How did you like being the oldest, youngest, or middle child? Did it have any particular advantages or disadvantages?

Do you recall any special event which took place on your block or in your neighborhood while you were growing up....deaths, fires, accidents or illnesses?

What do you feel has been the most significant world event that has taken place during your lifetime and why?

Describe a favorite vacation in your married years.

Where did your grandparents live? What was their home like?

Tell about any pets you had as a child.

Tell about any religion practiced in your home. Tell of any faith promoting stories.

Tell about any exciting experiences in scouting, camping, or hunting.

Were there any events, world or local that changed your life?

Tell about your early romances.

How did you first meet your in-laws?

What do you remember about yourself as a teenager? What was important to you? What were your dreams?

What convinced you most in your choice of a spouse?

Tell about your teenage social life. Tell about your friends, dances, movies, dating outings, and church functions.

Did you serve in the military? If so, where and when? What do you remember about the experience?

Tell about your marriage. When, where, by whom, parties given, receptions, maid of honor, best man, colors, flowers, special music.

What are some of your favorite smells?

Describe your cooking skills as a young spouse.

How did your mother or father wake you up in the mornings?

Describe the home you live in now.

What is your favorite dessert?

What sports do you enjoy watching and which sports do you enjoy doing?

If you could change one thing about yourself, what would it be?

What is your favorite time of day?

Describe your conversion to the gospel.

Write your testimony of the gospel, or marriage, and of life.

What can you remember about the day you were baptized?

Tell about any influential church leaders or teachers that are special to you and why.

What church service or callings have you had?

What presidents or leaders of the church have been alive while you have been alive?

What church awards have you earned?

What is your principal occupation and what circumstances led to it?

How did your mother spend her time?

Where did your parents live when they first married? Tell about other places they lived as well.

What instrument do you play or you wish you could play?

What was your favorite Saturday activity as a child?

Do you have a favorite Brother or sister? What makes them special?

If you could be a tree, what kind of tree would you be?

Tell about each of your children-names, birth dates and where, doctor, circumstances surrounding their birth, characteristics and differences, growing up in your home, problems, joys, sorrows, accomplishments, etc.

What is your child rearing philosophy?

Tell about your grandchildren- how many, names, how you feel about being a grandparent, etc.

Tell about your life as the children left home. New interest, what you did with the extra time, new employment, moves, hobbies, etc.

What is your secret for good health?

What are your food preferences? How did they come about?

Tell about any civic or political activities in which you are involved.

What do you think brings good or bad luck?

Tell about home cures, or old wives tales such as hiccups, warts, toothaches, colds, earaches, birth control, arthritis, etc.

Handed-down talents: Foods, clothes pin dolls, will whistles, pottery, quilting, meat drying, etc.

Tell about any ancestors you know, give dates, names etc. and any stories about them.

Tell about the changes you've seen during your lifetime: society in general, technology, fashions, fads, morality, politics, etc.

Tell about your philosophy for handling money.

What are your most precious and deeply imbedded values?

What personality trait do you admire the most about yourself?

Do you remember any of your four grandparents? What were their names & do you have any memories of them?

If you had your life to live over again, what would you change?

What kind of music do you like?

Do you have a favorite author? Who? Any favorite books as a child?

Tell about your favorite uncle.

Describe your wedding dress, bridesmaids dresses or tuxedos.

Describe a typical school day during your junior high years.

Describe a "sound" from your childhood.

Do you remember a special birthday party you've had, given or been to?

Write a want ad that describes your father.

Describe your first paying job. What was the salary?

How do you feel about winning and losing?

What are you frightened of?

Did you have a bicycle? What was it like?

Share a principle you have learned, or one you have taught.

What was the first piece of furniture you bought?

Describe the perfect spring day.

Describe a childhood Christmas.

Describe a childhood birthday.

What special things did you do with your mother?

How was discipline carried out in your home?

What is the most adventuresome thing you have ever done?

Were you ever in a drama, speech, sport, pep club, etc?

Did you go on a mission for your church? If so, where and when? What do you most remember about it? Did you learn a foreign language?

Describe the perfect winter day.

Are there any family heirlooms in your possession? Tell about them & how you acquired them.

Where are some of the most interesting places you've traveled?

What do you hope for you children and grandchildren?

If you had a million dollars, what would you do with it?

If you could re-do an event in your life which event would it be?

Do you believe in life after death?

If you could travel anywhere in the world, where would you travel?

Where is your favorite place to shop?

Tell about your own family traditions; Christmas, birthdays, graduations, 4th of July, Halloween, Thanksgiving, hunting, funerals, Memorial Day, Mother's or Father's Day, Weddings, etc.

What kinds of things do you collect?