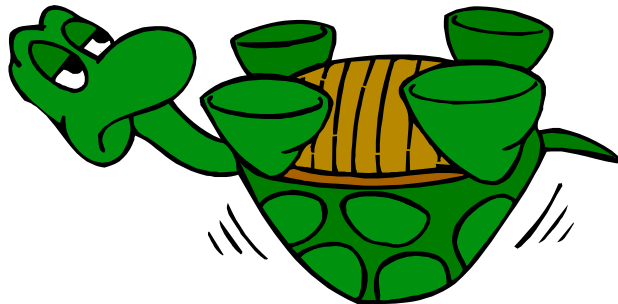


BACKRUBS

Items Needed: Prepared Forms, Pencils or Pens

Each person takes a prepared form and a pencil. The group then completes their form using the following rules:

1. No one may receive two backrubs in a row. (They must give one in between)
2. No one may refuse to give or receive a backrub from anyone who asks you.
3. Each person must initial your form after he receives or gives a backrub.
4. Optional – You may have the same person's initials on your form only twice: once to give a backrub, once to receive.
5. Optional – The person who receives the backrub may score it's quality on a scale of 1 to 10 with 10 being excellent.
6. Optional – You may score 5 points for every backrub you receive
7. Optional – You may score 5 points for every backrub you give.
8. Optional – The winner may be the one with the highest score.



Sample Backrub Form:

1. Give a backrub to someone who has traveled outside the United States.
2. Receive a backrub from someone who has never been outside the United States.
3. Give a backrub to someone who is older than you (days and months count).
4. Receive a backrub from someone who has a birthday in a month with an "r" in it.
5. Give a backrub to someone who has ridden on an airplane.
6. Receive a backrub from someone who has never ridden on an airplane.
7. Give a backrub to someone who has never ridden on a bus.
8. Receive a backrub from someone who has never ridden on a train.
9. Give a backrub to someone who has a pet cat.
10. Receive a backrub from someone who has a pet dog.
11. Give a backrub to someone who has a sister or brother.
12. Receive a backrub from someone who has no brothers.
13. Give a backrub to someone whose last name is longer than his/her first name.
14. Receive a backrub from someone who has a vowel as the first letter of their name.
15. Give a backrub to someone who exercises regularly.
16. Receive a backrub from someone who watches TV every day.
17. Give a backrub to someone who does not wear glasses.
18. Receive a backrub from someone who wears glasses or contacts.
19. Give a backrub to someone who can play the piano.
20. Receive a backrub from someone who likes a food you like.