

BOOP

Items Needed: Balloon/Ball

Ask participants to hold hands in a circle. Toss a balloon or beach ball into the circle. Tell the group to do anything necessary (without hurting each other and while holding hands) to keep the balloon or beach ball from hitting the floor.

Variation:

Add more balloons or balls. For the truly ambitious, create a team game with goals. Emphasize the fun of the game rather than the win/lose of competition.

