

## **SPIN THE BALL**

**Items Needed:** Ball for each participant

Who can spin a volleyball or basketball on his/her thumb?

After practicing and teaching each other to spin a ball on the thumb, form into two small groups. Each group member spins their ball on their thumb while someone else keeps time. When the ball falls off the thumb, the timer shouts out the time to the player. After all of the balls have fallen, the groups add up the total amount of time of all of the players. The team with the longest total spinning time wins.

