

TRUST TAG

GROUP SIZE: 8 to 20 is ideal

Items Needed: blindfolds

Divide the group into pairs and blindfold one person from each pair. Designate a playing area to stay in for the game and select one pair to be "IT." The un-blindfolded partners try to verbally guide their blindfolded partners in a game of tag. The sighted partners try to keep their blindfolded partners safe and guide them away from the person who is IT. If a pair is IT, the sighted partner tries to guide his/her blindfolded partner towards the others.

Only verbal guidance may be given with no touching allowed (unless necessary for the safety of your partner or others). Halfway through the game, the blindfolded partners should become the guides and the guides become blindfolded.

DISCUSSION PROMPTS:

1. Did you trust your each other?
2. Was it harder to be the leader or the blindfolded person?
3. In life, do you have trouble trusting others or do you trust everyone?
4. Is trust important in relationships with others? Why?

