

IMAGINARY BALL TOSS

Items Needed: None

Have the group form a circle. Ask participants to notice as you toss an imaginary tennis ball from your right hand to your left hand. Say, "I'm going to toss this ball to Phyllis (picking someone in the circle), who will catch it and toss it to someone else. Let's try to toss it to everyone once before we toss it to anyone the second time. Please call out the name of the person to whom you're tossing the ball so it doesn't hit the person on the head. If you don't know someone's name, that's okay. Just ask. Ready? Here it comes, Phyllis!" After a couple of tosses, say, "Now the ball has become a bowling ball!" Then have it become a watermelon. Once the group has caught on, have them identify the object they are tossing.

