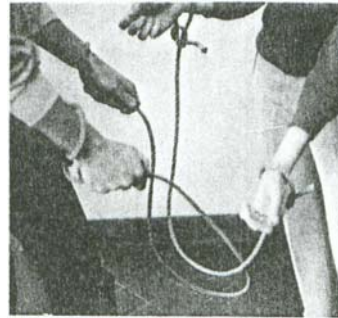


HANDCUFFS

Items Needed: 1 rope piece for each person

Tie each end of 10' long rope comfortably around the wrists. How tightly the wrist loops are drawn has nothing to do with the problem. Avoid extremely tight wrist loops.

Rules: Two intertwined students must separate from one another without (1) cutting the rope, (2) untying the knots, or (3) slipping the knotted portion over their hands.



Solution:

1. Take a bight in the center of your partner's rope
2. Pass this bight under either of your wrist loops so that the bight portion is closest to your fingers.
3. Pull the bight through with your other hand and open it to a size that will accommodate your hand.
4. Pass the bight over your hand
5. Pull it down and through the wrist loop.
6. If after following, let go of the rope and untangle yourself and try again.

