

HUMAN BRIDGE

Items Needed: None

Divide the group into teams of four to ten players. You may play this game as a one-team challenge or teams may race against each other. Mark off an area wider than all the team members standing side by side. The object is for each team to get one member across of the area without touching the ground or being carried.

Some possible solutions might be:

- team members lie down making a bridge for the person to crawl across.
- to pass the person down the line of team members in a prone position.
- for the person to walk on the feet of his/her team members.

VARIATIONS

Have the group get half the team across rather than just one person. Put obstacles in the area.

AFTER THE ACTIVITY DISCUSS IT WITH SUCH QUESTIONS AS:

1. How did you choose who to get across?
2. How did you choose the method?
3. Did everyone participate in the decisions?
4. What role did you take in the decision-making?
5. Is this the role you usually play? Would you like to change?

