

OUR HANDS ARE TIED SHOE TAG

Items Needed: none

Everyone takes off their shoes, places them in a big pile, and then stands in a circle around the shoes. Challenge the group to hold hands in a circle and each person to retrieve his/her own shoes, put them on, and tie or buckle them without anyone letting go of the hands they are holding onto.

You may do this in separate teams as a race for added fun and competition.

DISCUSSION PROMPTS:

1. Did your teammates work with or against each other? Why?
2. What part of this activity was the hardest? Why?
3. How and why is communication important when working with others?
4. Do you feel you communicate well with others? How does this affect your life?

